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Benefits of Using Teletherapy for Addiction & Mental Health Counseling – Infographic

Louisville Addiction Treatment Center - November 18, 2021



Today, addiction treatment facilities have started incorporating telehealth into addiction & mental health treatment.

Telemedicine is the term that refers specifically to clinical uses of long technology, such as providing a diagnosis over the phone or a Zoom call.



This provides the ability to receive addiction & mental health treatment when in-person treatment may not be accessible.

Telemedicine options provide the opportunity to get help with addiction & mental health while maintaining vital life activities such as employment and family obligations.

What Are The Benefits Of Teletherapy?

Teletherapy for substance abuse and addiction treatment has several benefits that many people who need this kind of help will find useful.

- 1** Enhances Patient And Provider Satisfaction
- 2** Enables Easily Accessible Addiction & Mental Health Care
- 3** Reduces Shortage Of Addiction & Mental Health Support Available
- 4** Upholds Client Privacy
- 5** Improves Overall Comfort
- 6** Increases Consistency Of Sessions
- 7** Avoid Potential Addiction & Mental Health Regressions
- 8** Make Faster Progress To Addiction Free Life & Improved Mental Health

This kind of work also means that you can choose the very best drug rehab center for you. We may be located in Louisville, but thanks to teletherapy, if you feel we are the best addiction center for you, you can join us; location no longer matters.

You can finally do what is best for you.

Teletherapy also offers much better flexibility for Addiction & Mental Health Support.

Finally, teletherapy is ideal since there is a lot more privacy for the patient.

They show that teletherapy can be even more effective than in-person treatment. This may be down to the patient having lower inhibitions and feeling much more comfortable in their own space.

Remember, teletherapy is a fantastic resource, but it may not be suitable for everyone. In order to use it effectively, you need to be completely comfortable with the process and confident in the use of technology.



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- Resources:
- <https://louisvilleaddictiontreatmentcenter.com/teletherapy-for-addiction-in-louisville/>
 - <https://louisvilleaddictiontreatmentcenter.com/treatment-services/telemedicine/>
 - <https://www.jewishfamilyservices.org/blog/5-benefits-of-using-teletherapy-for-mental-health-counseling>
 - <https://therapytreeaz.com/7-benefits-of-teletherapy/>
 - <https://www.medicalnewstoday.com/topics/teletherapy>
 - <https://www.psychologytoday.com/us/blog/millennial-media/2019/11/4-benefits-teletherapy-clients>

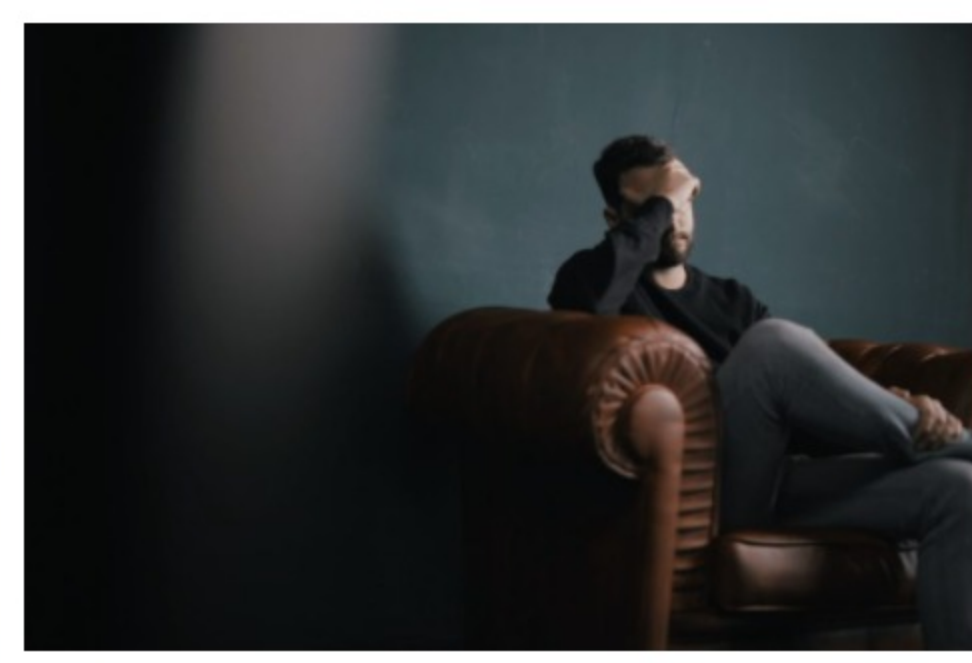
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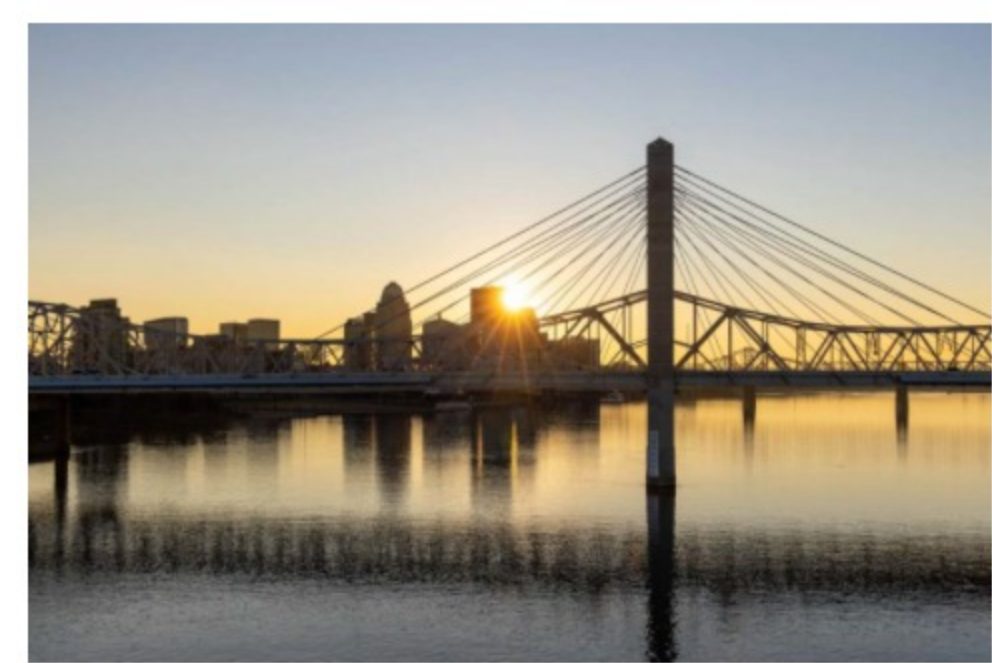
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Impact Outpatient Program is an innovative, intensive outpatient program for substance abuse and co-occurring disorders, located just outside metro Louisville, in Mount Washington, Kentucky.

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