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Addiction Treatment In Mount Washington, Kentucky

By Louisville Addiction Treatment Center

The decision to go to rehab for addiction shouldn't be taken lightly. Choosing the right rehab facility to guide you through your recovery is crucial. While there are plenty of rehabs out there, not all of them are good for you.

So what are some of the factors to consider when seeking addiction treatment in Mount Washington, Kentucky?

Cost of treatment.

The cost of receiving addiction treatment can quickly add up so it's better to confirm whether the rehab you're interested in attending accepts your insurance. However, even if you aren't covered, some treatment facilities allow for alternative ways to meet the cost of treatment. For instance, you could enter an agreement to pay in installments or have them provide other financing options. Either way, don't let this stand in the way of receiving treatment.

The level of care provided.

When looking for a suitable rehab center, it's important to confirm that they offer treatment for the type of addiction you're struggling with. At Impact Outpatient Program in Louisville, we offer treatment for alcoholism and drug addiction. We also provide treatment for those who have a dual diagnosis – i.e. a co-occurring mental disorder along with addiction. We provide mental health treatment along with other forms of therapy to ensure we get to the root cause of the addiction.

Our intensive outpatient program is ideal for those who have just left inpatient treatment while our outpatient program is designed for those with mild to moderate addiction who can pursue treatment while living at home.

The location of the facility.

You also need to decide whether you're going to seek treatment at a local facility or whether you'll travel for rehab. Both of these have their pros and cons. While some people prefer traveling for rehab because it takes them away from a negative and enabling environment, others prefer to remain close to their friends and family who provide crucial support.

Do they provide aftercare?

Recovery doesn't end when you leave rehab or complete an addiction treatment program. It's a lifelong process and as such, you need a facility that provides aftercare treatment. This may include linking you up with support groups that you can join after treatment or scheduling therapy sessions for you to attend even after leaving rehab. This keeps you focused and motivated to continue your recovery.

Get Started On Your Recovery

If you or your loved one is looking for addiction treatment in Kentucky, consider our Louisville outpatient rehab. Here at Impact Outpatient Program, we pride ourselves on providing evidence-based therapies, individualized treatment plans, virtual telemedicine sessions, and judgment-free care for all our clients. Our admissions process includes carrying out an assessment to help set your recovery goals and match you with a treatment program that will help you achieve them. Contact us today and let's start working together towards your recovery.

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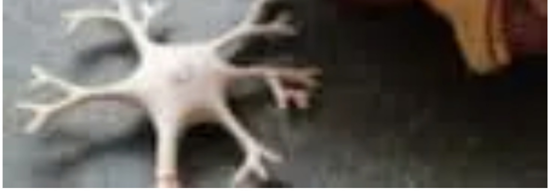

Residual and Long Term Cognitive Effects of Benzodiazepine Abuse

Benzodiazepines are a class of psychoactive drugs that act as central nervous system depressants. They are known to be effective in the treatment of anxiety

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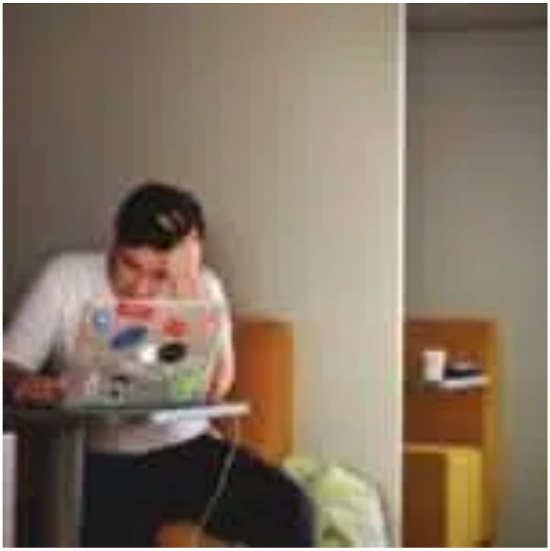

10 Warning Signs of Drug Addiction in College Students

In the United States, college students have a high rate of drug use. With the rise in drug use, there has also been a rise

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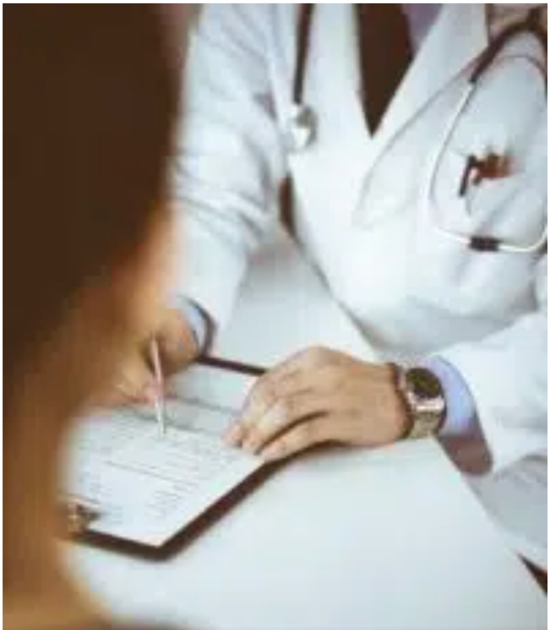

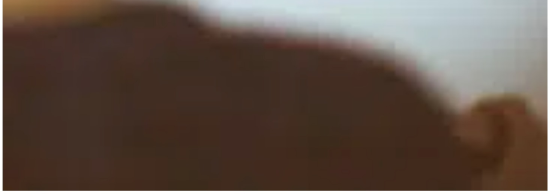

What To Expect: PHP Treatment Centers For Drug Addiction

Partial hospitalization programs – sometimes known as day treatment programs – are popular for some people to recover from addiction issues. Whether you have some

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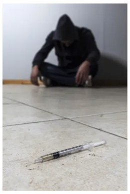
What We Treat

Impact Outpatient Program offers treatment for a variety of addictions and co-ocurring disorders at our Louisville area outpatient drug rehab center.

Alcoholism

treatment



addiction

treatment

dual-diagnosis

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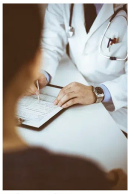

Telemedicine

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Let Impact Outpatient Program help you find your path to lasting recovery from substance abuse right now. Same-Day Admissions Available.

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Impact Outpatient Program is an innovative, intensive outpatient program for substance abuse and co-occurring disorders, located just outside metro Louisville, in Mount Washington, Kentucky.

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