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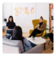
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Can Long-Term Cocaine Abuse Change Your Personality?

By Louisville Addiction Treatment Center

While the usage of cocaine can provide euphoria, confidence, and excited feelings, it can also produce a sense of panic, place heavy stress on your heart, and even convince you to get involved in dangerous or reckless situations.

Many people who use cocaine do so out of a sense of recreation or even to mask a lack of confidence. Cocaine is also known as a fashionable drug and has been known to be taken by business executives, rockstars, and celebrities. This glamorous image undercuts the reality of the drug, which maintains a Class A, schedule 2 listing. It is illegal to possess, supply, or produce, with possession carrying a maximum sentence of 7 years imprisonment and associated fine, or supply and production potentially granting you a life sentence.

But for all the hypnotic glamour of cocaine often presented to us through Netflix television shows such as Narcos, or in the biopics of famous music artists – cocaine has a hidden undercurrent of extreme addiction rates, harm, and destruction.

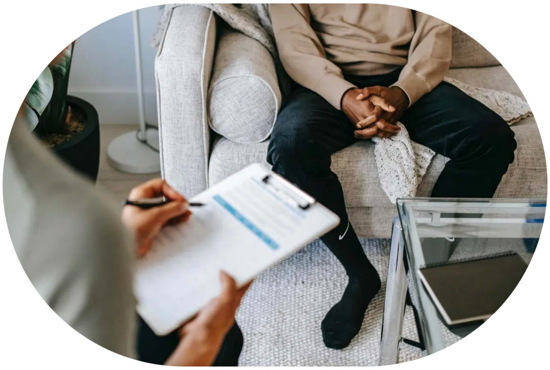
While those with a modicum of success or relatively normal living conditions may believe that they control their cocaine usage, over time, the drug can have severe impacts on your wellbeing and even personality. But how and why is this? Let's consider that below:

Drawbacks & depression with cocaine abuse.

While cocaine use is associated in popular culture with prominent highs, confidence, and social capability, this is almost always followed by dark periods of lethargy, depression, and anxiety. Cocaine affects the dopamine systems in your brain, causing oversupply which leads to those euphoric feelings.

Because this throws your chemical balance off by suppressing neurotransmitters such as norepinephrine and serotonin, depression, anxiety, memory loss, and even compulsive behavior or obsessive thoughts can be common. Sometimes, these symptoms can be felt in combination.

Fear & social disapproval from addiction.



While it may seem as though cocaine is one of the more appealing class A drugs thanks to its fashionable nature, it remains taboo in most social circles, not to mention illegal in the eyes of the law. As such, even light usage will mean that you need to hide your habit from those you most trust, which will usually end up with you distancing yourself from those who care about you and more time with those who enable this behavior. This can lead a wholesome, empathetic person to become paranoid, detached, and even accusatory.

Cocaine is also highly expensive compared to other drugs of its category, and tolerance can build quickly. It's not uncommon for long-term cocaine users to steal from family, friends, and even their place of work to fund their habit. Prolonged cocaine usage distances you from those in your life who want nothing but the best from you, and this can cause deep regret and even trauma along the way.

Hope is always here at Louisville Impact Outpatient Program.

The Louisville Impact Outpatient Program has a proven track record of helping past cocaine users gain context and confidence to beat their habit for good, using proven rehabilitating techniques to ensure this problem is tackled from every angle.

With a five-star outpatient program offering you the full convenience of personal rehab, coming back to clean, healthy sober living is more than possible.

We understand that rehab can be a tough process for many, which is why our telehealth support network is geared towards offering you excellent addiction treatment even when an in-person program is not an option.

We look forward to working with you and helping you unlock your better tomorrow.

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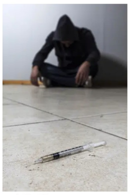

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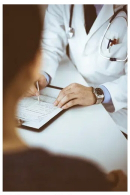

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