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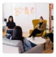
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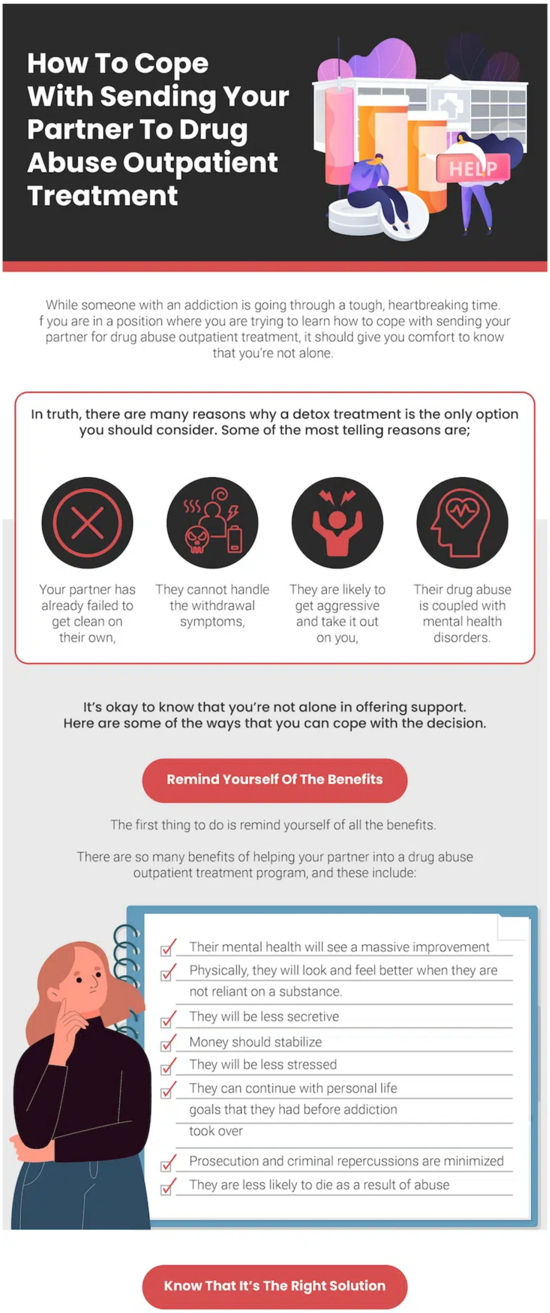
How To Cope With Sending Your Partner To Drug Abuse Outpatient Treatment – Infographic

By Louisville Addiction Treatment Center



How To Cope With Sending Your Partner To Drug Abuse Outpatient Treatment

While someone with an addiction is going through a tough, heartbreaking time. f you are in a position where you are trying to learn how to cope with sending your partner for drug abuse outpatient treatment, it should give you comfort to know that you're not alone.

In truth, there are many reasons why a detox treatment is the only option you should consider. Some of the most telling reasons are;

- Your partner has already failed to get clean on their own,
- They cannot handle the withdrawal symptoms,
- They are likely to get aggressive and take it out on you,
- Their drug abuse is coupled with mental health disorders.

It's okay to know that you're not alone in offering support. Here are some of the ways that you can cope with the decision.

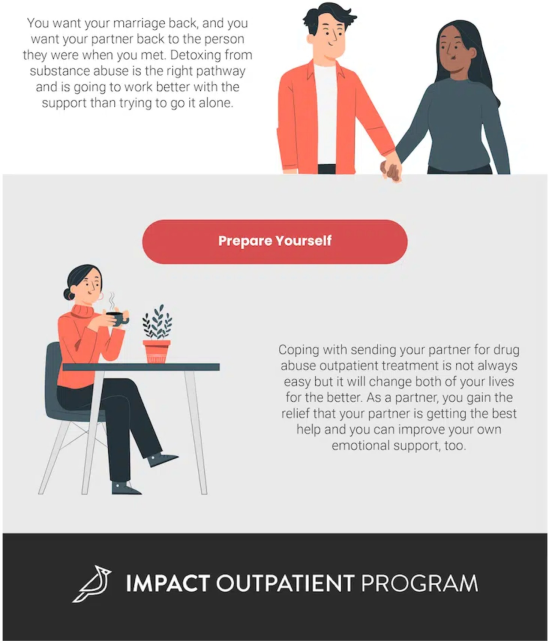
Remind Yourself Of The Benefits

The first thing to do is remind yourself of all the benefits.

There are so many benefits of helping your partner into a drug abuse outpatient treatment program, and these include:

- ✓ Their mental health will see a massive improvement
- ✓ Physically, they will look and feel better when they are not reliant on a substance.
- ✓ They will be less secretive
- ✓ Money should stabilize
- ✓ They will be less stressed
- ✓ They can continue with personal life goals that they had before addiction took over
- ✓ Prosecution and criminal repercussions are minimized
- ✓ They are less likely to die as a result of abuse

Know That It's The Right Solution



You want your marriage back, and you want your partner back to the person they were when you met. Detoxing from substance abuse is the right pathway and is going to work better with the support than trying to go it alone.

Prepare Yourself

Coping with sending your partner for drug abuse outpatient treatment is not always easy but it will change both of your lives for the better. As a partner, you gain the relief that your partner is getting the best help and you can improve your own emotional support, too.

IMPACT OUTPATIENT PROGRAM

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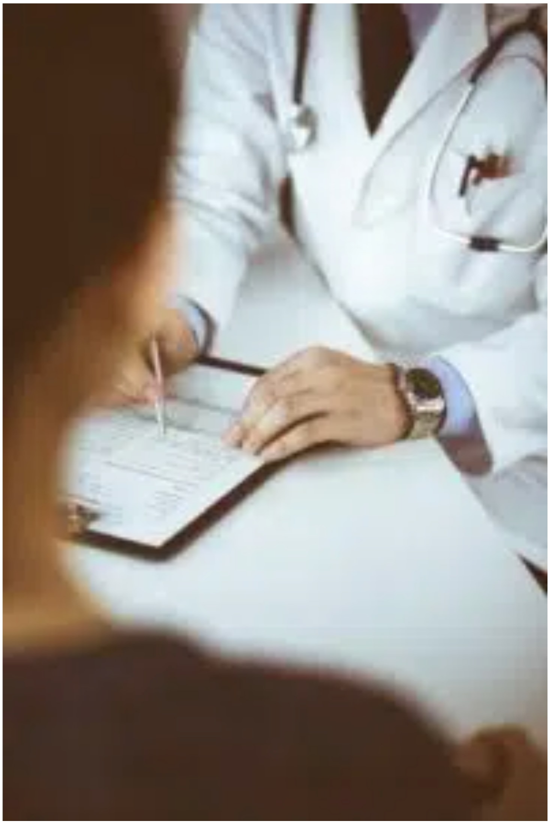

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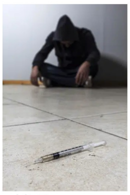

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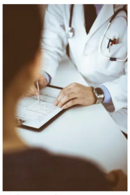

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