Blog

Recent Posts

How Can I Get Checked-In Anonymously To An Addiction Treatment Center?
AUGUST 14, 2021 / 0 COMMENTS

What to Know Before Asking for Time Off Work for Addiction Treatment
JULY 25, 2021 / 0 COMMENTS

Intensive Outpatient Drug Treatment In Louisville
JULY 17, 2021 / 0 COMMENTS

Outpatient Drug Treatment In Louisville
JULY 13, 2021 / 0 COMMENTS

9 Holiday Triggers To Avoid During The Holidays After Addiction Rehab Treatment
DECEMBER 29, 2022 / 0 COMMENTS

Seasonal Depression: 5 Tips To Help You Avoid It
DECEMBER 28, 2022 / 0 COMMENTS

Why You Shouldn't Use Kratom For Opioid Addiction Withdrawal
DECEMBER 27, 2022 / 0 COMMENTS

How To Prepare for A Partial Hospitalization Program In Addiction Rehab
DECEMBER 26, 2022 / 0 COMMENTS

Do's And Dont's To Motivate A Loved One To Go To Addiction Rehab
DECEMBER 25, 2022 / 0 COMMENTS

Newsletter

Get all latest content delivered to your email a few times a month.

Your Email GO

Accept GDPR Terms

Memphis, Tennessee is a major city with a major drug problem, not least to the spike in opioid overdoses since the outbreak of Covid in 2020.

Whether it's opioids or any other type of substance abuse, it's vital that you gain the right support on the road to recovery. Impact IOP Louisville Addiction Treatment Center in Mount Washington, Kentucky can provide tailored services including intensive outpatient programs for patients in Memphis and beyond.

What should an addiction treatment center do for you?

Both substance addiction and drug-related crime in Memphis, Tennessee are on par with the national averages. Given that America is currently gripped by a drug problem, this is far from positive news. Acknowledging a problem is the first step to recovery while reaching out for support is the second. However, the benefits can only be unlocked if the drug rehab center is aligned with your needs.

SUDs can look very different from one case to the next, which is why treatment verticals should be tailored to your requirements.

Intensive Outpatient treatments focus on combining individual and group therapies along with elements of telemedicine to provide an ongoing and sustained approach to beating drug or alcohol addiction while enabling you to continue your life in Memphis. Outpatient programs are a step down in intensity but can be equally useful for people with mild addictions.

The Multiple Pathways approach utilizes both traditional and evidence-based programs to develop personalized treatment plans aimed at sustained success. Additional programs can include partial hospitalization.

When partnering with a professional team that delivers a diverse range of customizable and structured plans, your hopes of success will look far better. Whether you've completed detoxification or not, IOP is here to help with all SUDs.

Why travel to Mount Washington, KY from Memphis, Tennessee?

Impact IOP, near Louisville, is around 370 miles from Memphis, Tennessee. It is the perfect setting to complete an intensive outpatient program as you will be far away from home that you can dedicate yourself to the treatment while you can still get back home quickly once your in-person sessions are complete. After all, ongoing telemedicine support can be provided without any disruption to your daily life.

Our comfortable facilities and experienced therapists provide the perfect backdrop as you complete your 15-25 hours of group therapy and short individual therapy. Alternatively, the other service verticals can all provide quality care that focuses on your specific SUD (and co-occurring conditions if applicable) while fitting around your life for minimal disruption.

Whether you're at the start of your rehab journey or have already completed some steps, IOP Louisville Addiction Treatment Center is the perfect choice for anyone living in Memphis, TN.

Take the first steps today

As a one-of-a-kind outpatient drug & alcohol treatment center, Impact Outpatient Program is built on helping you on the path to a lasting and sustainable recovery. Your journey starts with completing the admissions process.

Nobody should feel like they have to face the battle alone. From the moment you contact our center, you will see that IOP is ready to support you through detoxification, understanding the reasons behind your addiction, and building a sustained strategy for success.

Latest Posts

9 Holiday Triggers To Avoid During The Holidays After Addiction Rehab Treatment

The holidays can be rough for someone who has just left rehab. With the numerous gatherings and festivities, it can feel like you're navigating a

Read More »

Seasonal Depression: 5 Tips To Help You Avoid It

Seasonal depression, also known as Seasonal Affective Disorder (SAD), is a type of depression that occurs during certain seasons of the year. Most people experience

Read More »

Why You Shouldn't Use Kratom For Opioid Addiction Withdrawal

The opioid crisis is continuing to grow in the US. Many people who are addicted to opioids are now reaching out for support and exploring

Read More »

How To Prepare for A Partial Hospitalization Program In Addiction Rehab

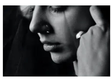
The main reason why there are so many choices available when it comes to addiction rehab is that no two people are identical, and this

Read More »

Do's And Dont's To Motivate A Loved One To Go To Addiction Rehab

When a family member or close friend struggles with substance abuse, you might feel overcome with worry. It can seem like there is nothing you

Read More »



How is Fentanyl Addictive and Can a Rehab Treatment Center Help?

Drug addiction is serious, no matter what substance is being used. Fentanyl is an addictive drug that can take hold of anyone's life when it's

Read More »

REQUEST A CONFIDENTIAL CALLBACK

FIRST NAME: first name
LAST NAME: last name
TELEPHONE: telephone
EMAIL: email

SEND

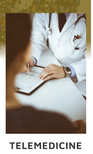
WHAT WE TREAT

Impact Outpatient Program offers treatment for a variety of addictions and co-occurring disorders at our Louisville area outpatient drug rehab center.

ALCOHOLISM
TREATMENT

ADDICTION
TREATMENT

DUAL-DIAGNOSIS
TREATMENT



TELEMEDICINE
TREATMENT

BEGIN YOUR JOURNEY
(502) 912-1038
Let Impact Outpatient Program help you find your path to lasting recovery from substance abuse right now. **Same-Day Admissions Available.**

CALL NOW