Blog

Recent Posts

How Can I Get Checked-In Anonymously To An Addiction Treatment Center?
AUGUST 14, 2021 / 0 COMMENTS

What to Know Before Asking for Time Off Work for Addiction Treatment
JULY 21, 2021 / 0 COMMENTS

Intensive Outpatient Drug Treatment In Louisville
JULY 17, 2021 / 0 COMMENTS

Outpatient Drug Treatment In Louisville
JULY 13, 2021 / 0 COMMENTS

Why Are The Holidays Difficult For Those With Addiction?
DECEMBER 23, 2022 / 0 COMMENTS

Can Outpatient Addiction Treatment Help Keep Your Job During Recovery?
DECEMBER 22, 2022 / 0 COMMENTS

3 Essential Parts To Fentanyl Addiction Treatment
DECEMBER 21, 2022 / 0 COMMENTS

Barriers For Accessing Addiction Treatment And How We Can Help
DECEMBER 20, 2022 / 0 COMMENTS

Addiction Triggers: Tips For Alcohol Addiction Recovery
DECEMBER 18, 2022 / 0 COMMENTS

Newsletter

Get all latest content delivered to your email a few times a month.

Your Email GO

Accept GDPR Terms

What Happens To Your Body When You Use Heroin

Derived from the opium poppy, heroin is made from morphine and is highly addictive due to its effects on the pain and pleasure receptors in our bodies and brains. Although once used as a painkiller, the drug is now an illegal substance due to its highly addictive properties and the effects it can have on the body.

Using heroin can give users a euphoric feeling that lasts several hours. Still, once this wears off, people are left craving that initial high, and over time, our bodies will build up a tolerance. Meaning you need to consume more and more of the drug for the same effects. This can have damaging and far-reaching effects on your physical health and cause severe damage to your body.

Heroin Damage To Your Body

In the short term, users can experience slowed breathing, lower heart rates, and a relaxed and altered mental state, leaving them feeling almost wiped out and in a comatose-like state. Our opioid receptors in our bodies and brains are affected when using heroin, meaning you get the feel-good high which can wear off quite quickly.

At this point, withdrawal symptoms can start leading users to depend on the drug to feel normal and to eliminate the side effects once the initial hit has worn off.

You can expect to experience some of all of the following in the short term;

- Breathlessness
- Slowed heart rate
- Drowsiness
- Dry mouth
- Warm flushes to the skin
- Itchiness
- Clouded thinking
- Potential exposure to HIV due to incorrect or dirty needle use

Long-Term Effects of Heroin On The Body

Prolonged use of heroin can be devastating to the body. Those with heroin addiction should seek treatment for their addiction as soon as possible to limit or reduce the long-term physical and mental health effects. Choosing inpatient treatment can assist with immediate withdrawal symptoms and observe and monitor any damage caused by long-term use of the drug for safer and more manageable withdrawals.

Your body will be put under massive pressure not only from the drug but also from the method of ingestion and any other drugs or chemicals used to cut the heroin from its pure state.

Long-term side effects of heroin use include but are not limited to:

- Liver disease
- Pulmonary infections
- Collapsed veins
- Kidney disease
- Hepatitis
- Skin infections
- Loss of fertility
- Miscarriage
- Loss of white brain matter

Heroin Addiction Treatment

However, it isn't too late to seek treatment regardless of how much or how often you are taking heroin. Health matters can be complicated by existing health conditions or complications arising from damage caused by opioid use.

Treatment options can be massively successful in helping addicts maintain a sober lifestyle with support from the right places. Each person requiring treatment for substance abuse will get assessed on a one-to-one basis to determine the right treatment plan for their recovery.

Impact Outpatient Program is a one-of-a-kind treatment program clinically developed and evidence-based to provide the best results when overcoming addiction. Intensive outpatient treatment programs comprise personal and group therapy sessions as you would if you were an inpatient. Treatment plans can include Telemed services offering ongoing support from a more remote location if you cannot travel to the facility.

Whatever option you choose, getting treatment for your addiction is a big step and the right choice for regaining sobriety and getting your life back on track.

Latest Posts

Why Are The Holidays Difficult For Those With Addiction?

The festive season should be a time for feelings of joy and wonder. However, if you are suffering from an addiction, then the holidays may

Read More »

Can Outpatient Addiction Treatment Help Keep Your Job During Recovery?

Federal laws and workplace policies have to be followed as they remain to be the best way to protect people who may need help recovering

Read More »

3 Essential Parts To Fentanyl Addiction Treatment

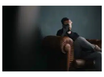
In today's world effective fentanyl treatment is needed way more than it ever has been before. Accidental drug overdoses are the number one accidental cause

Read More »

Barriers For Accessing Addiction Treatment And How We Can Help

If you want to access addiction treatment but you feel as though something is stopping you, then you are not alone. It is imperative to

Read More »



Addiction Triggers: Tips For Alcohol Addiction Recovery

Addiction triggers can be challenging to deal with, especially during alcohol addiction recovery. Therefore, it is essential to understand these triggers and how to deal

Read More »

Addiction Recovery: What To Expect And Triggers To Avoid

It's no secret that addiction recovery can be a difficult and challenging process. But it's also an incredibly rewarding one. If you're considering entering into

Read More »

REQUEST A CONFIDENTIAL CALLBACK

FIRST NAME: first name | LAST NAME: last name | TELEPHONE: telephone | EMAIL: email

SEND

WHAT WE TREAT

Impact Outpatient Program offers treatment for a variety of addictions and co-occurring disorders at our Louisville area outpatient drug rehab center.

ALCOHOLISM
TREATMENT

ADDICTION
TREATMENT

DUAL-DIAGNOSIS
TREATMENT

TELEMEDICINE
TREATMENT

BEGIN YOUR JOURNEY
(502) 912-1038
Let Impact Outpatient Program help you find your path to lasting recovery from substance abuse right now. **Same-Day Admissions Available.**
CALL NOW